

First Day

The prayer Flos Carmeli (Flower of Carmel) was composed by St. Simon Stock and in answer he received the Scapular from Our Blessed Mother.

O BEAUTIFUL FLOWER OF CARMEL, most fruitful vine, splendor of heaven, holy and singular, who brought forth the son of God, still ever remaining a pure virgin, assist us in our necessity! O Star of the Sea, help and protect us! Show us that you are our Mother! (pause and mention petitions) Our Father, Hail Mary, Glory, etc. Our Lady of Mount Carmel, pray for us

Second Day

Most Holy Mary, Our Mother, in your great love for us you gave us the holy Scapular of Mount Carmel, having heard the prayers of your chosen son St. Simon Stock. Help us now to wear it faithfully and with devotion. May it be a sign to us of our desire to grow in holiness. (pause and mention petitions)

Our Father, Hail Mary, Glory, etc.
Our Lady of Mount Carmel, pray for us.

Third Day

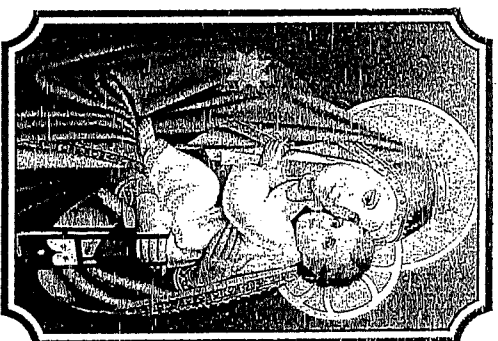
O Queen of Heaven, you gave us the Scapular as an outward sign by which we might be known as your special children. May we always wear it with honor by avoiding sin and imitating your virtues. Help us to be faithful to this desire of ours. (pause and mention petitions)

Our Father, Hail Mary, Glory, etc.
Our Lady of Mount Carmel, pray for us.

Fourth Day

When you gave us, Gracious Lady, the Scapular as our Habit, you called us to be not only servants, but also your own dear children. We ask you to gain for us from your Son the grace to live as your children in joy, peace and love.

(pause and mention petitions)
Our Father, Hail Mary, Glory, etc.
Our Lady of Mount Carmel, pray for us.



Our Lady of Mount Carmel...

Pray For Us

Fifth Day

O Mother of Fair Love, through your goodness we are not only your children but persons called to live in the spirit of Carmel. Help us to live in charity with one another, prayerful as Elijah of old, and mindful of our call to minister to God's people.

(pause and mention petitions)
Our Father, Hail Mary, Glory, etc.
Our Lady of Mount Carmel, pray for us.

Sixth Day

With loving provident care, O Mother Most Admirable, you covered us with your Scapular as a shield of defense against the Evil One. Through your assistance, may we bravely struggle against the powers of evil, always open to your Son Jesus Christ.

(pause and mention petitions)
Our Father, Hail Mary, Glory, etc.
Our Lady of Mount Carmel, pray for us.

Seventh Day

O Mary, Help of Christians, you assured us that wearing your Scapular worthily would keep us safe from harm. Protect us both in body and soul with your continual aid. May all that we do be pleasing to your Son and to you. (pause and mention petitions)

Eighth Day

You give us hope, O Mother of Mercy, that through your Scapular promise we might quickly pass through the fires of purgatory to the Kingdom of your Son. Be our comfort and our hope, grant that our hope may not be in vain but that, ever faithful to your Son and to you, we may speedily enjoy after death the blessed company of Jesus and the saints. (pause and mention petitions)


Ninth Day

O Most Holy Mother of Mount Carmel, when asked by a saint to grant privileges to the family of Carmel, you rather granted an assurance of salvation to the whole world. Behold us your children, kneeling at your feet.

We glory, dearest Mother, in wearing your holy habit, that habit which makes us members of your family of Carmel, that habit through which we shall have your powerful protection in life, at death and even after death. Look down with love, O Gate of Heaven, on all those now in their last agony!


Look down graciously, O Virgin, Flower of Carmel, on all those in need of help! Look down mercifully, O Mother of our Savior, on all those who do not know that they are numbered among your children. Look down tenderly, O Queen of All Saints, on the poor souls! (pause and mention petitions)

Our Father, Hail Mary, Glory, etc.
Our Lady of Mount Carmel, pray for us.

 *This is a powerful Nine Day
Novena honoring Our Lady
of Mount Carmel.*

*Each day, for nine days, you petition our
Heavenly Mother for all your very special
needs. It is a time of prayer and reflection
that will bring you closer to her heart and
that of Jesus, her son.*

*Trust in Our Lady's motherly love and
compassion. Come to her with confidence!*

 Throughout time, prayer and Carmel
have been synonymous and the
Carmelites have contributed greatly to
the spiritual life and holiness of the Church.

Perhaps one of our most significant
contributions has been devotion to Mary,
Mother of God, particularly under her title of
Our Lady of Mount Carmel.

Tradition tells us that in 1251, Our Lady
appeared to the Prior General of the
Carmelite Order, St. Simon Stock at
Aylesford, England. In this apparition, Our
Lady gave him what we call the brown
Scapular... a garment that has become the
symbol of the bond between Our Lady and
the Order of Carmel. The Carmelites have
always been her devoted servants.

But Our Lady did not give the Scapular
just to the Carmelites. She gave it to the whole
world so that all her sons and daughters could
wear an outward sign of her love for them. As
a "cloak" of grace and love, the Scapular
represents the protection and security we find
in our heavenly mother's love.

Our Lady has given us her Scapular to
wear; a garment of special concern... a sign of
belonging. Her Scapular is a mantle of grace
and love.

Mary expressed her total openness to the
will of God when she said, "Be it done to me
according to your word." The message of the
Scapular is to always follow Christ in faith, hope
and charity. Christ is the source of all truth and
holiness, and the graces we receive through
Mary's intercession come from Him, to lead us
to Him.

The Scapular is a constant reminder of Mary's
presence in our lives. Through the symbol of
the Scapular we strive to live and die as friends
of God. This is the substance of the Scapular
Promise.

When we are baptized, we "clothe ourselves
in Christ," and our new dignity is symbolized
by our white christening gown, a garment we
are urged to bring unstained to the judgment
seat of God. At our First Communion, we
usually add a new "cloak," that of Our Lady's
Brown Scapular. The beautiful custom of
enrolling children in the Scapular puts them,
in their innocence, under the tender care of
their heavenly mother.

The Scapular, a monastic apron, is still part
of the Carmelite habit. The smaller form, most
familiar to Catholics, consists of two panels of
cloth joined by string and worn over the shoulders.
The Church considers the Scapular a miniature
religious habit and, as such, is a highly indulgenced
sacramental.

Our Holy Father, Pope John Paul II, is very
devoted to Our Lady and has a special place in
his heart for the Scapular: "Through the


Scapular, those devoted to Our Lady of Mount
Carmel express their desire to mold their
existence on the example of our Mother,
Patroness, Sister, Most Pure Virgin, to accept
God's word with a purified heart and devote
themselves to the zealous service of others."

We wear Our Lady's Scapular as a loving
response... a yes! to her desire that we keep
Jesus as the center of our lives and bring Him
to others.

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*"Loving Mother I Place This Cause
In Your Hands..."*

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OUR LADY of MT. CARMEL CHURCH

Our Lady of Mt. Carmel Church
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